



Penn Station Athlete of the Month

Winter Seasonal Winner 2019 – Springfield, Ill

School: Rochester High School

**Student:** Mason Ross

**GPA:** 3.5

**School:** Rochester High School

**Athletic Director:** J.R. Boudouris

**Sport:** Wrestling

**Parents:** Sara and James Ross

**Sibling/s:** Laken and Riley

**Favorite Penn Station Restaurant:** Springfield, Ill

**Favorite Penn Station Sandwich:** Cold Club

**Extracurricular Activities:** N/A

**Favorite Book:** Foxcatcher

**Role Model:** David Taylor

**Sports Role Model:** David Taylor

**Greatest Achievement So Far:** All-Time Rochester Win Record

**Plans After High School:** College, Wrestle Study Physical Therapy

**How has participating in high school athletics benefited you?**

Wrestling has taught me more than anything else in my life. I have learned patience, discipline, the true meaning of hard work and many more lessons.

**What made you decide to play the sport for which you were named the Penn Station Athlete of the Month?** Honestly, when I was younger, I just thought that wrestling would make me more muscular for the ladies.



**Quote from Athletic Director:**

**Athletic Director:** I have thoroughly enjoyed watching Mason compete these past four year. Along with being the all-time wins leader in RHS wrestling history he is a great kid who is always respectful of his coaches and opponent.

**Athletic Director:** J.R. Boudouris