



Penn Station Athlete of the Month

Lansing Market

Winter Seasonal Winner 2019

Student: Keshawn Harris

GPA: 3.5

School: Waverly High School

Athletic Director: Scott Castelee

Parents: Casena and Jimmie Harris

Sibling/s: Keenan, Jacie & Brea

Favorite Penn Station Restaurant: West Lansing

Favorite Penn Station Sandwich: Chicken Parmesan

Extracurricular Activities: Swimming, Track & Field, Choir

Favorite Book: The Great Gatsby

Role Model: My Parents

Sports Role Model: Dwayne Wade

Greatest Achievement So Far:

2019 MHSSA Division 1 300 Meter Hurdle – State Champion

Plans After High School: Attend University of Michigan

How has participating in high school athletics benefited you?

Participating in high school athletic has taught me leadership and the value of being a good teammate. Athletics has allowed me to develop relationships with people I may have never met otherwise.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? I decided to run track as a way to have fun and represent my school.

Track quickly became something I looked forward to doing in the spring and summer.



Quote from Athletic Director/Coach:

Keshaun defies what a true student Athlete can achieve when work meets opportunity. He is a winner in the classroom and a state champion who is moving on to do great things.

Scott Castele - AD