



Penn Station Athlete of the Month

Lansing Market

Spring Seasonal Finalist 2019

Student: Colin Day

GPA: 3.976

School: Lansing Catholic High School

Athletic Director: Brian Wolcott

Parents: Beth and Michael Day

Sibling/s: Kate, Dylan and Aidan

Favorite Penn Station Restaurant: Frandor

Favorite Penn Station Sandwich: Classic Cheesesteak

Extracurricular Activities: Mission Trip Leader, Sophomore Class Vice President, Lifeguard

Favorite Book: The Call of the Wild

Role Model: My Uncle

Sports Role Model: Pat Tillman

Greatest Achievement So Far: Getting into West Point-United States Military Academy

Plans After High School: Going to West Point

How has participating in high school athletics benefited you?

Participating in athletics have taught me many valuable lessons as well as created lifelong friendships with my teammates I will never forget some of the memories I have from my high school career.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? I've played basketball ever since I can remember. My first year was kindergarten and I've played every year since. I love the sport.

Quote from Athletic Director/Coach: Colin puts his team first his selflessness was a big part of our success- he is a top-notch student athlete whom we are very proud of.

Athletic Director: Brian Wolcott

